

1. I'm afraid and ashamed to catch Covid19 because it will kill my business and everybody I love, and it's proof that I am a stupid careless murderer.
2. I'm afraid and ashamed that I am a silent carrier of Covid19 and I will infect people and kill them, and it's proof that I am a selfish, self-absorbed murderer.
3. I'm ashamed that I am a silent carrier of Covid19, and it's proof that I am a dirty contaminated Typhoid Mary.
4. I'm afraid that Covid19 is being used as a bioweapon and therefore the whole human race gets murdered.
5. I'm afraid of being controlled by the government and therefore I'm a prisoner.
6. I'm afraid to stay in Western Hemisphere because we're all going to die.
7. I'm afraid that this whole fear campaign is a plot to install 5 G towers while everyone is inside that will cause mass extinction.
8. I'm afraid and ashamed that I am going to lose people, and therefore I'll be alone forever and die alone, and it's proof that I am a complete, total, utter, unloveable loser.
9. I'm afraid and ashamed that the tickle in my chest/sore throat/allergy symptoms, mild cold symptoms, etc. are Covid19, and therefore I am going to die, or develop COPD or other chronic symptoms and suffer for the rest of my life, and it's proof that I am a stupid lazy idiot.
10. I'm afraid and ashamed that I am not taking care of myself, and therefore I will get sick and kill myself and everybody I love, and it's proof that I am a health fraud and loser and failure.