IS THERE MORE THAN ONE SOUL OCCUPYING THIS BODY?
Copyright 2007, Judith A. Swack, Ph.D.

I first discovered this pattern when I muscle tested clients with the question, “From your deepest wisdom, where does this being center on the Enneagram” and got two different answers with no deception. Since the Enneagram programming is imprinted at conception when the soul enters the body, I muscle tested and asked if there was more than one soul occupying this body. Surprisingly, the answer was yes. I started asking that question as a routine question on the New Client Intake form and found this pattern in many people. Questioning revealed the following facts:

1. The client *unconsciously* invited the spirit(s) of someone who died (ghost) to share his/her body.
2. It was never the ghost’s idea, but the ghost acquiesced.
3. Only one soul can occupy the body at a time. When the client’s soul is in the body, the ghost is on the outside. When the ghost occupies the body, the client’s soul is on the outside. This could explain the phenomenon that for some clients who test that their consciousness is not 100% within their physical body and we put it back in, it later tests that it is back out.
4. People had various reasons for inviting in the ghost. Whatever they intended at the time, it never worked.
5. Keeping the ghost around delays its evolution and destabilizes the client (makes it more difficult for the client to function).

Examples:

- John who took on the soul of a baby that his mother had miscarried. He felt sorry for it because it was disappointed that it hadn’t had a chance to embody, so he offered to share his. Unfortunately, it just delayed that soul finding another body of its own.
- Francis who took on the soul of the neighbor’s baby so it wouldn’t really be gone, and they wouldn’t have to grieve the loss. Sadly, the neighbors still had to grieve the loss.
- Jennifer who took on the soul of her dog and her aunt because she didn’t want to be alone. Since two souls could never occupy the same space at the same time, she still felt alone.
- Thomas who took on his grandmother’s soul when he went to college because he felt lost about what to do with his life and felt he needed direction. Sadly, his grandmother occupied his body so frequently that he could never find his own direction and years later still hadn’t found a satisfying profession.

The purpose of this protocol is to release the ghost(s) to follow his/her destiny (i.e. proceed to the next stage of his/her evolution), and allow the client’s soul to permanently reside 100% within his/her physical body while he/she is alive.
PROTOCOL

1. Muscle test the client and ask, “FYDW, is there more than one soul occupying this body?”
   If yes, determine how many other souls are occupying this body and who they are.

2. For each ghost, ask the client why he/she invited in that ghost. Ask the client if bringing in
   the ghost(s) successfully fulfilled the intention. (Usually the answer is no).

3. Releasing the Ghost. Ask the ghost to step out of the client’s body and stand in front of
   the client so we can talk directly to the ghost. Tell the client, “You have two options, you
   can either release the ghost or ask it to stay as one your guides, but the ghost cannot continue
   to share your body.”
   Muscle test and ask,
   a. “FYDW, would it be for your highest good to release this ghost?” (If yes go to step 6)
   b. “FYDW, would it be for your highest good to have the ghost stay here as one of your
      guides?” (if yes, go to step 7).

4. If it is for the client’s highest good to release the ghost:
   • Verbally point out that “the contribution that that person/animal has made to you is part
     of the fabric of your life and can never be lost. You can always talk to that person/animal
     in your mind, or invite him/her to come back to visit now and then, or (if the client has
     mediumship capabilities) talk to him/her through the beyond.”
   • Instruct the client to “Silently or out loud, thank the ghost for answering your call
     for help, tell the ghost how much you appreciate the person/animal he/she was and
     what he/she meant to you. Then listen to anything the ghost wants to say in return,
     bless the
     ghost and wish him/her well in her next lifetime or on his or her path, say goodbye, and
     send him/her off with his/her angels and guides to his/her next destination. The ghost will
     leave.”

   Note that sometimes the client feels ashamed for having delayed the ghost’s evolution. Point out
   that even a 50-year detour is small compared to eternity. Finish by skipping to step 6.

5. If it is for the client’s highest good to have the ghost stay here as one of your guides, thank
   the ghost for answering your call for help. Welcome his as one of your guides, and remind
   him that it isn’t necessary for him or her to share your body to be helpful. He can be perfectly
   effective standing next to you.

6. Muscle test that:
   • there is only one soul occupying the body,
   • the client’s consciousness now resides 100% within their physical body, and
   • their God Switch is turned on
   • the client centers at only one type on the Enneagram.

7. Collect learnings.

Copyright Judith A. Swack, Ph.D., HBLU, Inc. 56 Pickering St. Needham, MA 02492
781-444-6940 e-mail: Judith@HBLU.org Website: www.HBLU.org